

ERRANDS:

DATE:

GROCERY SHOPPING LIST

PRODUCE	BEVERAGES	CONDIMENTS	SNACKS	NON-FOOD ITEMS
<u>Fruit</u>			<u>Chips & Crackers</u>	<u>Paper Goods</u>
	CANNED GOODS	PASTA/RICE		
<u>Vegetables</u>	<u>Veggies</u>		<u>Other Snacks</u>	<u>Cleaning Supplies</u>
	<u>Fruit</u>			<u>Health & Beauty</u>
BREAD/ BAKERY	<u>Soups</u>	CEREAL/ BREAKFAST	BAKING/ SPICES	
	<u>Sauces</u>			<u>Pet Food</u>
	<u>Other</u>			
DELI	MEATS	DAIRY	FROZEN FOODS	OTHER STUFF

MEAL CHOICES	1	2	3	4	5	6	7